



Tea & Support

July – September 2026

Here are our forthcoming activities at Tea & Support over the next few months. Of course we will have drinks, cake and chat every week!

Tuesdays, 11.00am—12.30pm

7 July: Wimbledon Week—Strawberries and Cream

14 July: Table Football/Table Tennis/Activities

21 July: Word Games

28 July: Seated Hockey

4 August: Singing for the Brain

11 August: Seated Bowling

18 August: Board Games

25 August: Picture Quiz

1 September: Bingo

8 September: Seated Cricket

15 September: Table Tennis/Table Football/Pool

22 September: Autumn Craft

29 September: Seated Skittles

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